

Hello, my name is Robert and I'm a grateful recovery addict. My drug of choice was methamphetamines and opiate pain medication. My addiction took to me doing time in Oklahoma, to sleeping under a bush by UNM university, and losing my marriage and my family. When I was 35 I graduated from the University of Tulsa with a degree in Nursing and had a beautiful life with 3 kids. And when I was 41 I lost myself in my addiction. I had never been homeless and I didn't know there were shelters where you could stay. I found myself in AOC and worked hard to get going in a positive direction but I eventually found myself so deep in my addiction that I tried taking my life. When I ended up on a gurney at Lovelace and realized I was still alive, I reached into my pocket for my drugs, gave them to the nurse and asked for help. My next prayer was "God, you must have a purpose for me" and I completely surrendered my life that day. I was tired and ready to face my pain. The Hospital sent me to detox for 10 days and from there I went to Hoffman Hall Sober Living Homes, I had no money, no food but was willing to do whatever it took to stay clean and sober. Hoffman Hall helped me get food and clothes. I humbled myself, went to my mom, and asked for help with the rent and she did it without hesitation. She told me she could see in my eyes that I was done.

As I've walked this New way of life, I've been able to stick around at Hoffman Hall Sober Living Homes and become the Director of the program and help others dealing with addictions, just needing a chance and for someone to believe in them. I never thought that God would have such a great purpose for me. I've even recently had Bariatric Weight loss surgery done. I found that I was trying to kill myself through food. As I've worked the steps, gone to meetings every night and stayed close to a sponsor, I've wanted to live life to the fullest. I'm so grateful for Trevor Hoffman and My Hoffman Hall Family for believing in me and seeing greatness in me. As we walk this journey of recovery the struggle is real, yet if you can make a choice to surrender to the program of recovery it will truly save your life. I'm worth it and so are you. At 100lbs lighter and free of drugs and alcohol, my life makes sense today. Living in a safe, sober, and clean living environment may be the necessary choice in order to truly discover a new way of life free of drugs and alcohol. Hoffman Hall loved me until I could now love myself, and now I get to pass that love on. I'm always here if you need someone to talk to or need help finding a new way of life free of drugs and alcohol.

Love and blessings to all,

Robert Running Buffalo Villalobos